

# 13-Visit Protocol Outline

---

**There are 12 specific themes or programs that best assist the patient in reducing inflammation, clearing cellular memory and balancing the body.**

- The first 4 themes or programs work on basic fundamental aspects of the body, allowing for the immune system to receive optimal nutrients, and create a balanced environment for which the immune system, nervous system and endocrine system can communicate.
- Program 5-10 focus on primary triggers of inflammation.
- Program 11-12 focus on system balancing.
- Program 13 recaps all previous themes and makes any adjustments that may be necessary in order to optimize results.

**Every program assesses and balances the Digestive System, Immune System, Endocrine System, Lymphatic System, Nervous System, and Organs, as well as Assessing and Balancing Emotions.**

## **Specific Theses of the 13 Visit Program**

<b>Program A (1<sup>st</sup>)</b>	Foods
<b>Program B (2<sup>nd</sup>)</b>	More foods, Amino Acids, Enzymes, Vitamins
<b>Program C (3<sup>rd</sup>)</b>	DNA / RNA, Artificial Sweeteners, Miasms
<b>Program D (4<sup>th</sup>)</b>	Fabrics, Anti-Oxidants, Cell Salts, Electrolytes, Essential Fatty Acids, Minerals
<b>Program E (5<sup>th</sup>)</b>	Food Additives, Household Toxins, Industrial Toxins
<b>Program F (6<sup>th</sup>)</b>	Physical Agents, Insects, Pollens, Animal Dander, Dust Types, Parasites
<b>Program G (7<sup>th</sup>)</b>	Fungus, Phenolics
<b>Program H (8<sup>th</sup>)</b>	Metals, Dental, Phenolics
<b>Program I (9<sup>th</sup>)</b>	Fungus, Heavy Metals, Pesticides
<b>Program J (10<sup>th</sup>)</b>	Sugars, Bacteria, Viruses, Geopathic Stress
<b>Program K (11<sup>th</sup>)</b>	Hormones, Phenolics, Radiation
<b>Program L (12<sup>th</sup>)</b>	Vitamins, Supportive

**After Program L (12<sup>th</sup> Visit), Program M (13<sup>th</sup> Visit) will be scheduled 3 weeks later:**

<b>Program M (13<sup>th</sup>)</b>	Review / Rescan of all previous Programs
------------------------------------	--